

Provider Dashboard Instructions

The portal to view and analyze your patient data



How to Use This Guide

Section 1: Essential Instructions

Purpose: Get your provider dashboard up and running smoothly.

Steps:

- Obtain administrative credentials & log in. **(Page 3-4)**
- Add a patient to your dashboard. **(Page 5-7)**
- Remove a patient from your dashboard. **(Page 8-10)**
- View patient data. **(Page 11-15)**
- Generate a report to add to an EMR. **(Page 16-20)**
- Compare patient hormone curve to a Mira user population. **(Page 21-24)**

Section 2: Optional Features

Purpose: Set up additional non-essential features.

Steps:

- Create notifications for nurses. **(Page 26-27)**
- Send a message from your dashboard. **(Page 28-30)**
- Create a message template. **(Page 31-34)**
- Invite other clinicians to your dashboard. **(Page 35-39)**

Section 3: Trial Sample Process

Purpose: Set up your accounts for the Mira sample trial mode. **(Page 40-41)**

Note: Your provider dashboard account is NOT the same as your Mira app account. You need to register in the Mira App.

If you have any questions, reach out to us!
partnership@miracare.com

Section 1: Essential Instructions

How to obtain administrative credentials and how to log in

[Watch the video](#)


How to obtain administrative credentials

- Mira partnership team creates administrative credentials (username and password)
- If you haven't received your credentials email partnership@miracare.com
- If you have obtained your credentials move to the next step to log in


Logging into the Dashboard


- Go to dashboard [website](#)
- Enter administrative username and password provided by the Mira Team
- Enter the verification code
- Click Login

mira



Email cannot be empty



 [Get new code](#)

How to add patients

[Watch the video](#)

Step 1: Ensure the patient has an active Mira account

- Patient downloads app
- Patient creates an account

Australia users:

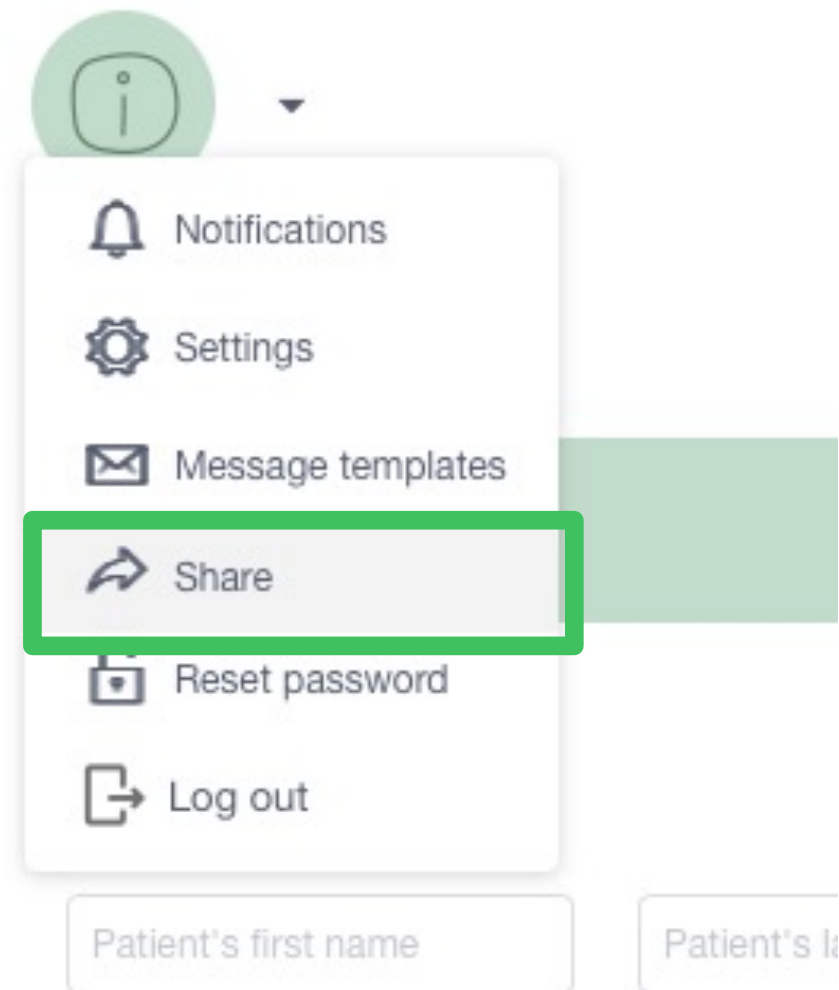
Use Apple's TestFlight for access:

- Download [TestFlight](#).
- Use [this link](#) to access the Mira beta app.
- TestFlight is safe, and Mira ensures HIPAA-compliance for data protection.

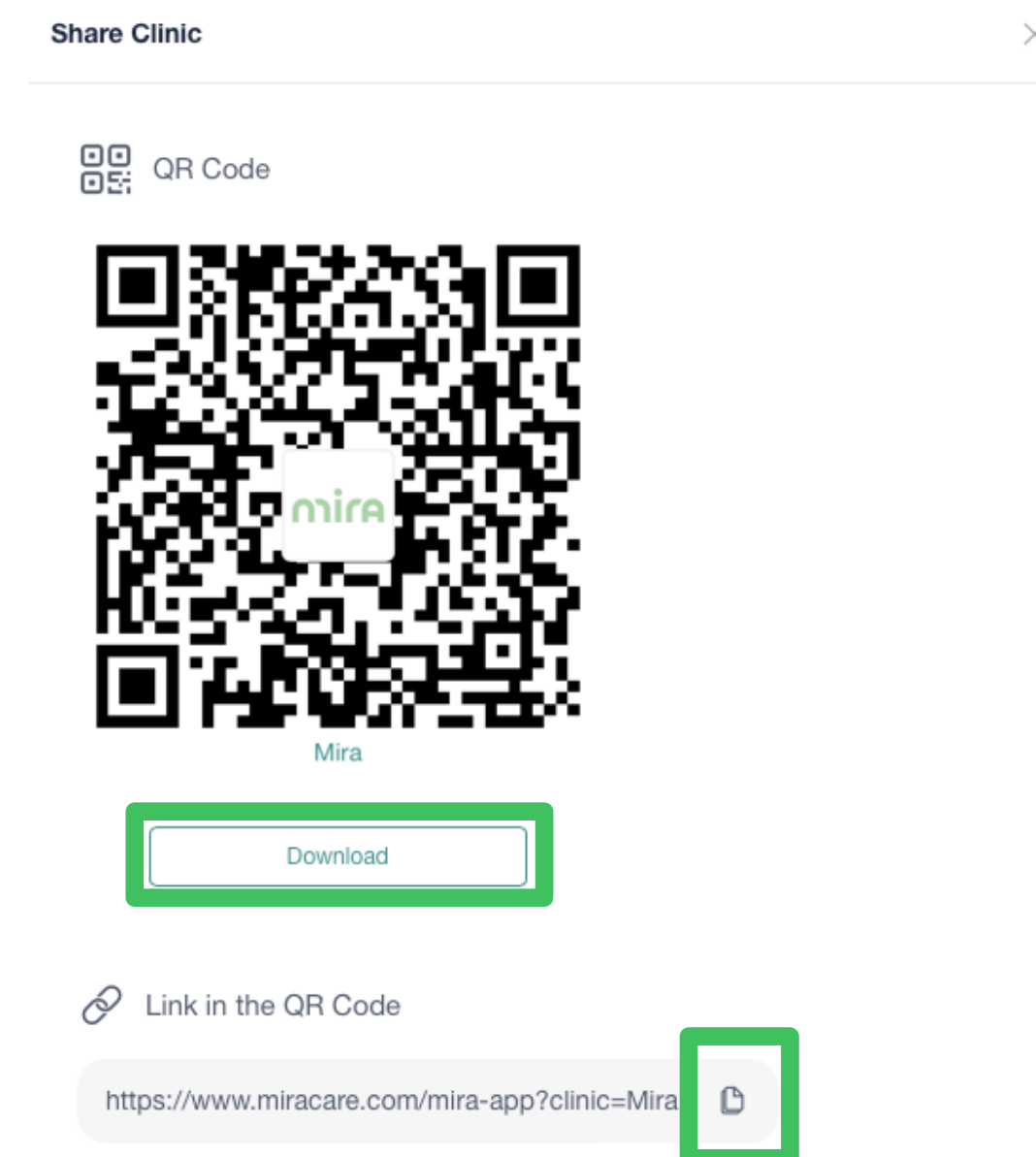


Step 2: Share a link / QR code with the patient

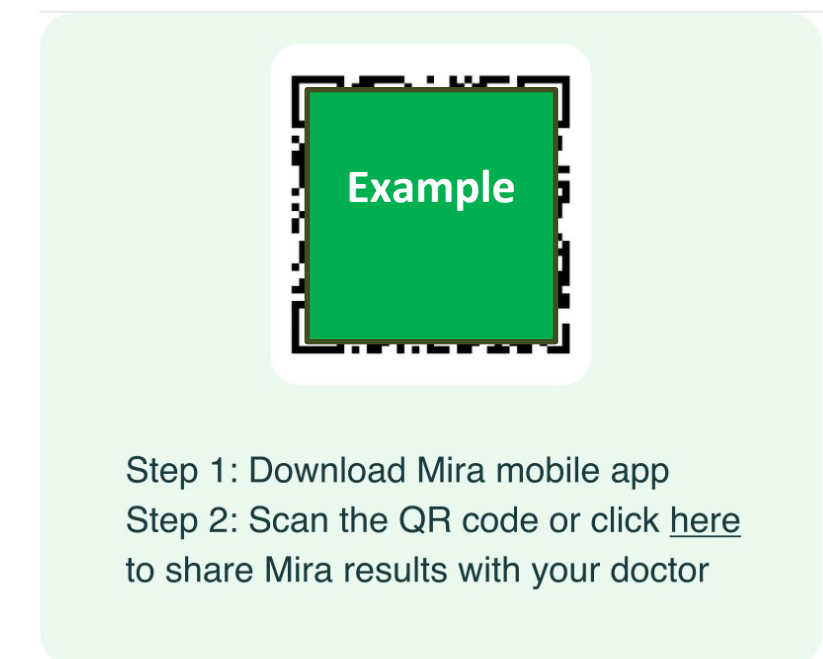
Step 1: Go to settings -> Share



Step 2: Download your QR code / Link and share it with the patient



Both the QR code and link are available in your unique patient hand out.



If you don't have a patient handout, please reach out at partnership@miracare.com.

How to delete a patient

[Watch the video](#)

Option 1: Remove

doctor.quanovate.com/extra/mira-doctor/#/home

Doctors Nurses Patients

Search

Invite a patient

Patient's first name Patient's last name Patient's email Patient's ID Select a doctor Send invitation

Patients list

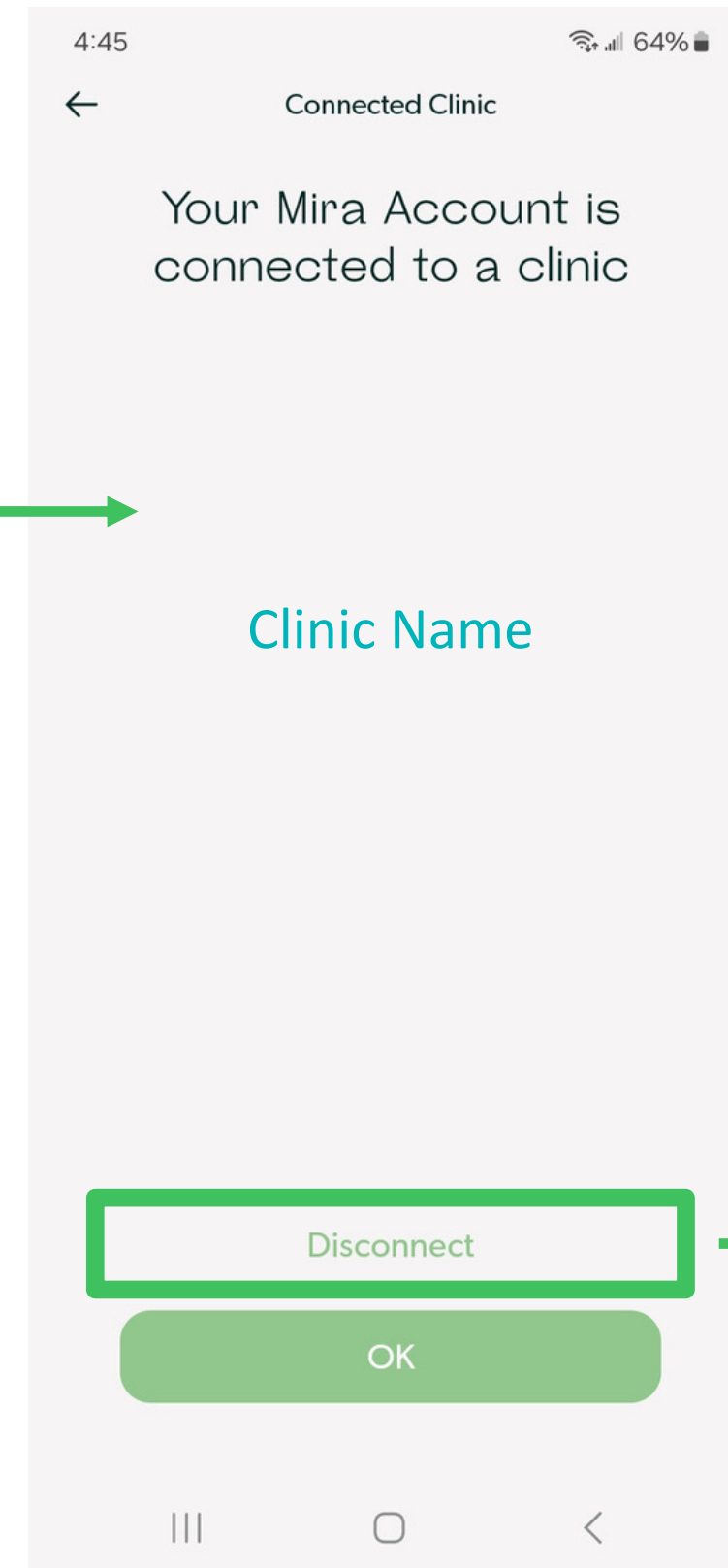
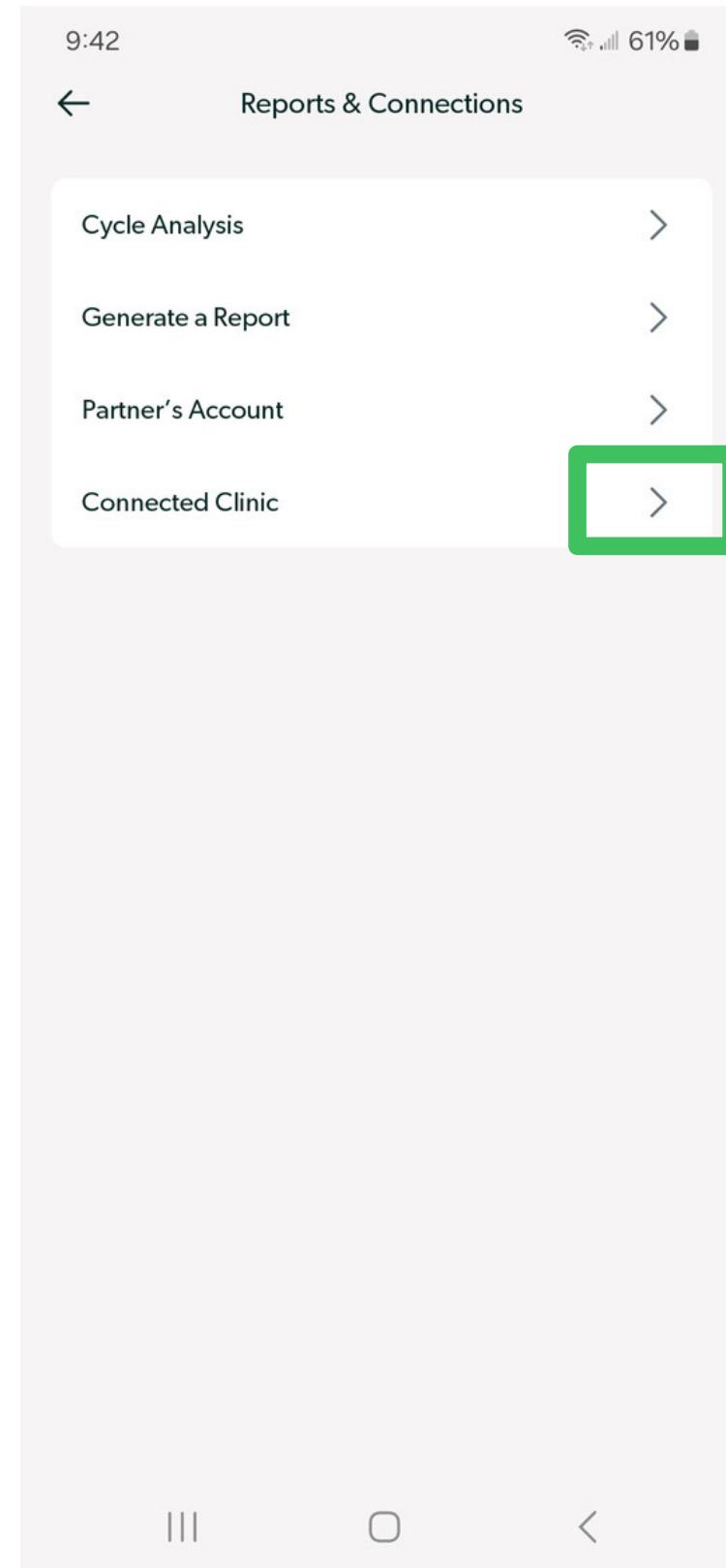
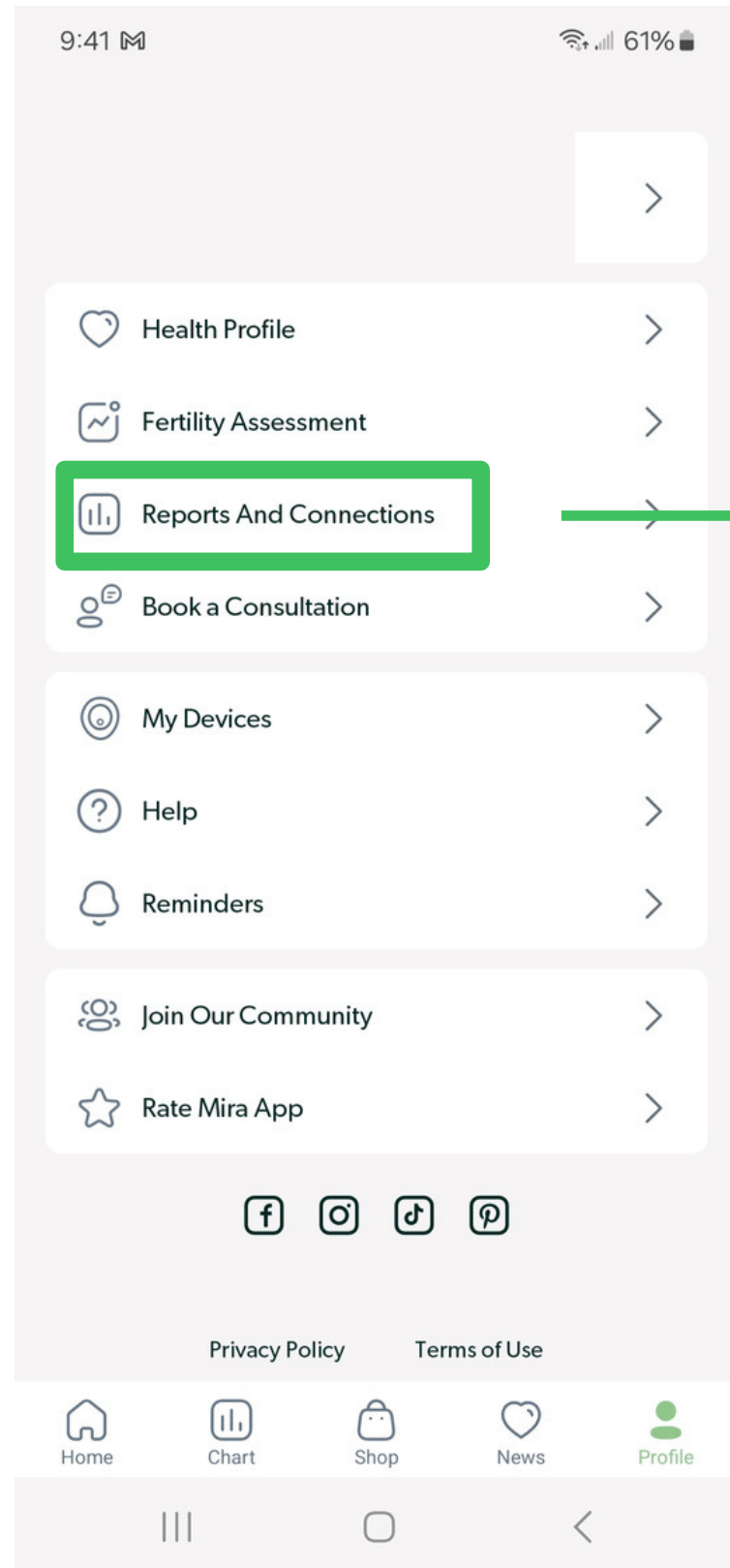
Patient Name	Patient ID	Patient Email	Status	Connected Doctor	Connected Nurse	See Data
[REDACTED]	MM10032022	[REDACTED]	Activated	[REDACTED]	[REDACTED]	See data >>

Remove Patient

Remove Patient

Click “remove patient”

Option 2: Disconnect



Patients can also “disconnect” from a clinic in the Mira app

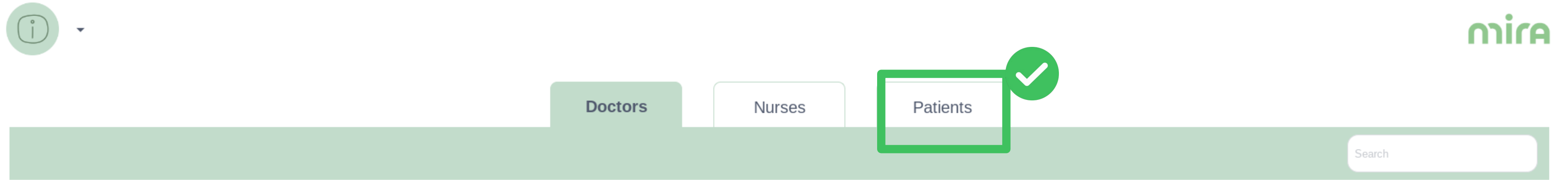
Click “Disconnect”



How to Review Data

[Watch the video](#)

Click the patient tab



Invite a doctor

Doctor's name Doctor's email

Doctors list

Name	Email	Status	Connected Nurses	View Doctor	Remove Doctor
mira doctor	miradoctor@miracare.com	Activated	<input checked="" type="checkbox"/>	See Doctor's page >>	Remove Doctor

Total 1 item < 1 > Goto

Select a patient



- Clinic
- Users
- Patients**

Invite a patient

Patients list

Patient Name	Patient ID	Patient Email	Status	Connected Clinic	Connected User	Dashboard	See Data	Remove Patient
online jammm	Mira2YCVDK	905486304@qq.com	Activated	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/> View >>	See data >>	Remove Patient
demo pcos005	PCOS005	demo-pcos005@miracare.com	Activated	<input checked="" type="checkbox"/> mira doctor	nacy, dai, Keirst TEST	View >>	See data >>	Remove Patient

Click "view" under dashboard



Provider dashboard



Provider dashboard displays the patient's hormone chart, cycle summary, symptoms and notes



Cycle Summary

Symptoms and notes



Personalized thresholds

Click on the hormone to see the customized threshold

The interface displays hormone levels for patient 'demo pcos005'. The hormone selection menu is highlighted with a green box and a checkmark. The main chart shows hormone levels over time, with a personalized LH threshold of 16. The 'Test History' section shows Cycle Length (45 days), Period Length (5 days), and Luteal Phases (14 days). A test result is shown for Nov 27, 6:57 AM.

Mira AI algorithm creates unique threshold based on patient's hormone pattern



How to generate a report to upload to an EMR

[Watch the video](#)

Step 1: Click "Generate Report"

The screenshot shows a web interface for a medical professional named Mira. The main area displays a line graph for patient 'demo pcos005' with data points for LH, E3G, PdG, FSH, and BBT. The x-axis represents days from Nov 6 to Dec 5, 2023. A legend at the bottom identifies 'Period', 'Fertile Window', 'Non-Fertile Window', and 'Ovulation'. On the left, a 'My Patients' list includes 'demo pcos005' and other demo patients. Below the graph, there are sections for 'Notes' (No Notes Data), 'Cycle Length' (Average days: 38), 'Period Length' (Average days: 5), 'Luteal Phases' (Average days: 14), and 'Follicular Phases' (Average days: 33). A 'Test History' section shows a test on Nov 20, 1:16 PM with results for LH, PdG, and E3G. A 'Generate Report' button is highlighted with a green box and a checkmark in the top right corner.



Step 2: Choose how many cycles you want to analyze

front.quanovate.com/reportEntrance.html?token=tenant:169:486244:6acd9aa6-589d-4d11-a42b-e975233691ee

Generate Mira App Report

You can export data from Mira App to save it or share with your doctor. Please make sure you share this report securely. Once you select a time frame for your report, Mira will generate a link that will expire in 24 hours. You can save the report on your device by share option or by downloading a pdf from the link.

Last 3 cycles

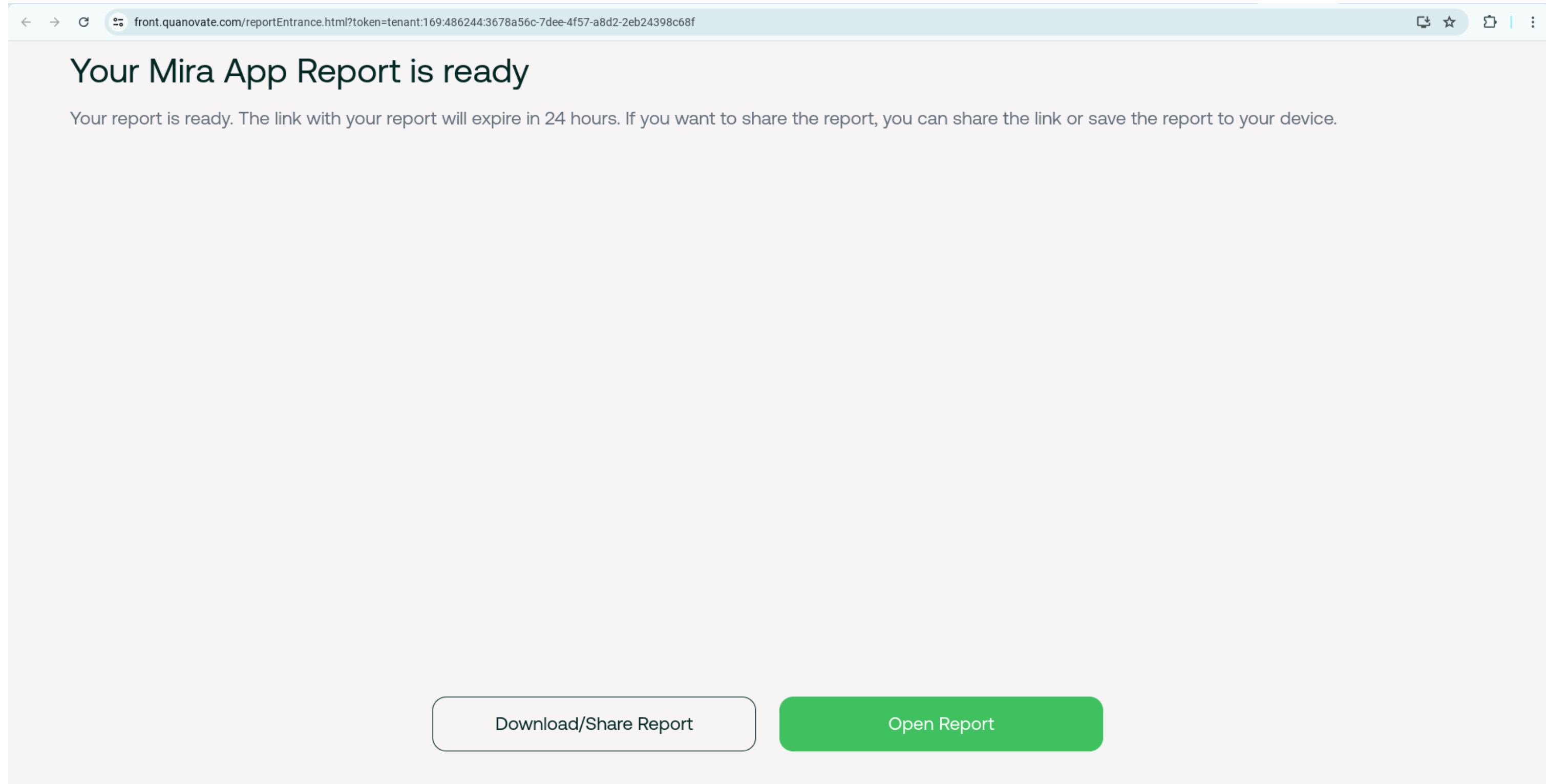
Last 6 cycles

Last 12 cycles

Generate report

For those with less than one cycle of data, you will need to "force generate" a report

Step 3: Choose download/share or open



Choosing download will allow you to upload into the patient's chart



Step 4: Review data

The screenshot shows a web browser displaying a report from front.quanovate.com. The report is for the Mira device, which detects LH, E3G, PdG, and FSH hormone levels. The report includes a general summary and a cycle analysis section. The cycle analysis section shows three metrics: Cycle Length (Average days: 25), Period Length (Average days: 5), and Follicular Phases (Average days: 10). A chart displays cycle data for three cycles: Jun 8, 2024 (Cycle Length: 27), May 16, 2024 (Cycle Length: 23), and Apr 16, 2024 (Cycle Length: 30). The chart includes a legend for Period, Fertile Window, Sex Day, PdG Rise, and LH Surge. A green box highlights the 'Print Report' button in the top right corner, and a green checkmark icon is visible to its right.

Mira[®] is an at-home testing device and mobile application that detects LH, E3G, PdG, and FSH hormone levels from urine. The Mira Analyzer was compared to the leading laboratory-grade reader through analytical performance testing. The results revealed that the Analyzer performed equally well as the laboratory-grade reader.

Report for:

General summary:

- Last Menstrual Period Date: Jul 5, 2024 ~ Jul 9, 2024.
- In the last 3 cycles, the user's cycles varied between 23 and 30 days.
- LH surge was captured in 3 cycles. PdG rise was also captured in the luteal phase of 3 cycles over the last 3 cycles.
- The user did not log any symptoms in the selected period.

Cycle analysis

Cycle Length Average days	25
Period Length Average days	5
Follicular Phases Average days	10
Luteal Phases Average days	

Legend: Period (pink), Fertile Window (teal), Sex Day (red), PdG Rise (orange), LH Surge (green)

Jun 8, 2024	Cycle Length: 27
May 16, 2024	Cycle Length: 23
Apr 16, 2024	Cycle Length: 30
Mar 23, 2024	Cycle Length: 34

Click "Print Report" to save as a PDF and upload into patient's chart

How to compare patient hormone curve to a Mira user population

[Watch the video](#)

Step 1: Go to "Patient" tab



Clinic

Users

Patients

Search

Invite a patient

Patient's first name

Patient's last name

Patient's email

Patient's ID

Select a clinic

Send invitation

Patients list

Patient Name	Patient ID	Patient Email	Status	Connected Clinic	Connected User	Dashboard	See Data	Remove Patient
online jammm	Mira2YCVDK	905486304@qq.com	Activated			View >>	See data >>	Remove Patient
demo pc05	PCOS005	demo-pcos005@miracare.com	Activated	mira doctor	nacy, dai, Keirst TEST	View >>	See data >>	Remove Patient

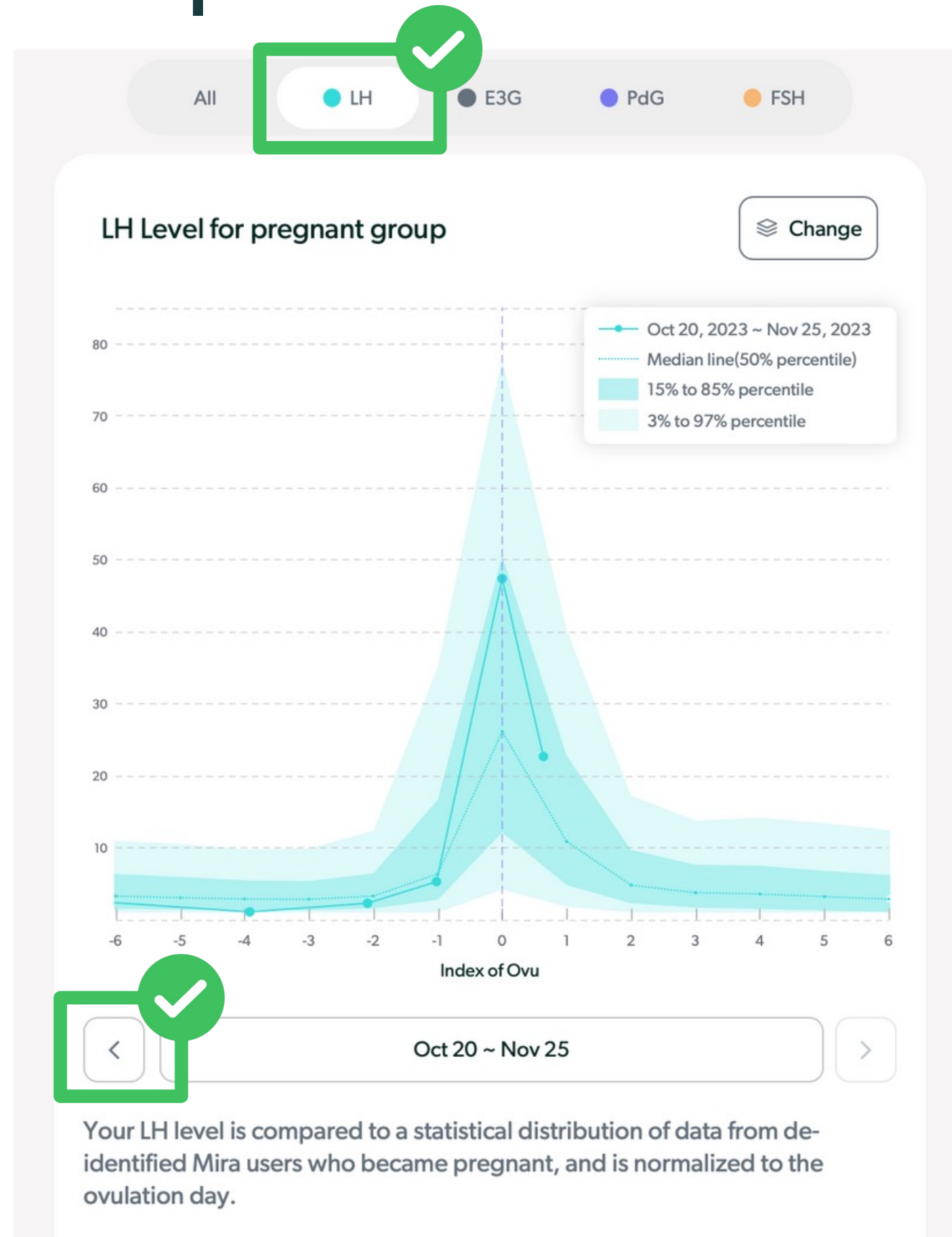
- Click "view" under dashboard

Step 2: My Patients



- Click Analyze
- Select Pregnant
- Click "Compare"

Step 3: Hormone curve



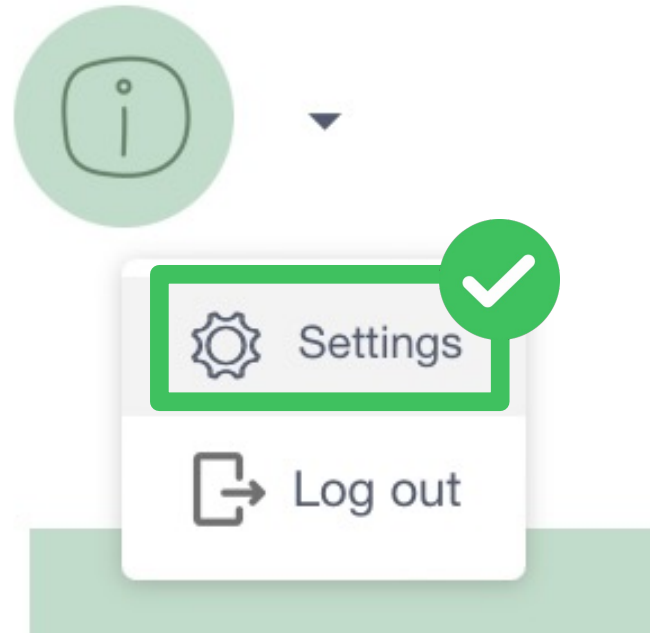
- Select the hormone curve you want to compare.
 - Bold tortoise line reflects patient LH curve.
 - Dark tortoise shaded area is the trend corresponding to the majority of pregnant Mira users.
- See previous patient's cycles by clicking on the arrow in the bottom.

Section 2: Optional Features

How to Create Notifications for nurses (support staff)

[Watch the video](#)

Notifications



Notifications settings



Set up which notifications you want Mira to send about patients:

Period started

LH Surge

Period updated

First test taken

Positive hCG

Pregnant

- You'll find an arrow next to your clinic's logo in the **top left corner** of the portal
- Click on it to see available notifications
- Switch the toggles to enable/disable notifications

Notifications are pushed only to the nurses!

How to Send a Message

[Watch the video](#)

Step 1: Message icon

The screenshot displays a patient management dashboard. At the top, a navigation bar contains a profile icon, a message icon (highlighted with a green box and checkmark), and an 'Export Test Results Table' button. Below the navigation bar, the main content area is divided into several sections:

- My Patients:** A list of patients with a search bar and a 'Load more data' button.
- Test History:** A calendar view showing test results for November 2023. The calendar highlights a period from Nov 26 to Dec 2, and a fertile window from Nov 24 to Nov 25. A 'Test History' section below the calendar shows a dropdown for 'November' and '2023', with a date selector for 'Nov 23'.
- Summary Metrics:** A section on the left side of the dashboard showing key metrics:
 - Cycle Length: 35 Average days
 - Period Length: 7 Average days
 - Luteal Phases: 19 Average days
 - Follicular Phases: (value partially obscured)

- Click on the message icon to send a message to a patient



Step 2: Create a message

Send message to this patient

Select a template

* Title Reminder

* Content Jane, continue testing with Max Wands until CD 15.
Best,
Dr. K 63 / 900

Add user's name Add sender's name

Cancel Send message

- You can use a template (directions following)
- Create unique message by adding a title and typing the message in the content box.
- Click on Add User's Name and Sender's Name to add yours and patient's name if needed.
- Send a message.

How to Create a Template

[Watch the video](#)

Step 1: Admin portal

The screenshot shows the Mira Admin Portal interface. A green box highlights the user menu in the top left corner, which includes options for Settings, Message templates, and Log out. A green checkmark is placed above the Message templates option. The navigation bar features tabs for Doctors, Nurses, and Patients, with Doctors selected. A search bar is located on the right side of the navigation bar. Below the navigation bar, there is a section for 'Invite a doctor' with input fields for 'Doctor's name' and 'Doctor's email', and a 'Send invitation' button. Below this is a 'Doctors list' table with the following data:

Name	Email	Status	Connected Nurses	View Doctor	Remove Doctor
mira doctor	miradoctor@miracare.com	Activated		See Doctor's page >>	Remove Doctor

At the bottom right of the page, there is a pagination bar showing 'Total 1 item', '< 1 >', and 'Goto 1'.

- Return to the admin portal
- Click on the arrow next to the green icon
- Select “Message templates”

Step 2

doctor.quanovate.com/extra/mira-doctor/#/home

Message templates

No sent data

Doctors

Nurses

Patients

Invite a doctor

Doctor's name

Doctor's email

Send invitation

Doctors list

Name	Email	Status	Connected Nurses	View
mira doctor	miradoctor@miracare.com	Activated		See D

+ Add new

This is a clinic level setting. By changing the settings, you will change it for all users

- Click “Add new” to open a new template



Step 3

The screenshot shows a web application interface with a 'Doctors' tab selected. An 'Add new template' modal is open, containing the following elements:

- Title:** A text input field with the placeholder text 'Title'.
- Content:** A text area with the placeholder text 'Content' and a character count '0 / 800'.
- Buttons:** Two buttons labeled 'Add user's name' and 'Add sender's name' are positioned below the content field.
- Footer:** At the bottom of the modal, there is a warning message: 'This is a clinic level setting. By changing the settings, you will change it for all users'. Below this message are 'Cancel' and 'Save' buttons. The 'Save' button is highlighted with a green checkmark icon.

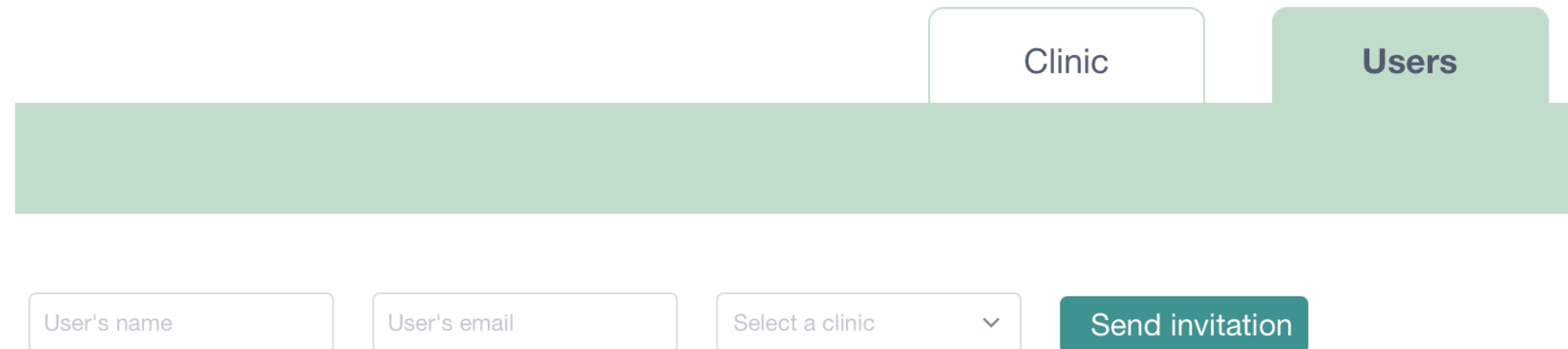
- Add "Title"
- Type message in the content box
- Click "Save" in the bottom.



How to invite users (clinicians)

Step 1: Invite clinicians or support staff to the portal

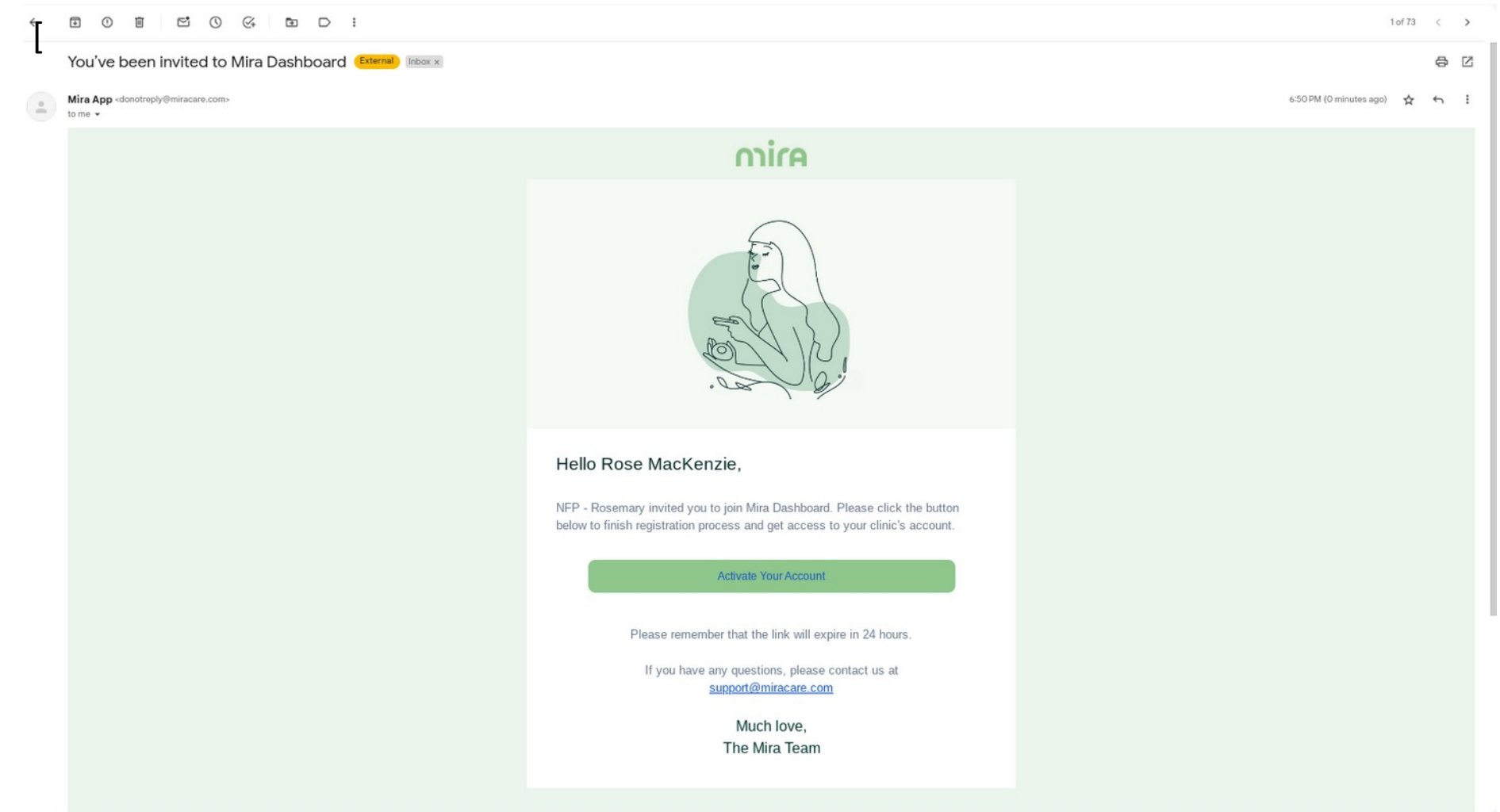
- Enter the name and email address
- Select a clinic
- Send the invitation



The screenshot shows a web interface for inviting users. At the top, there are two tabs: 'Clinic' and 'Users', with 'Users' being the active tab. Below the tabs is a large green rectangular area, likely a header or separator. Underneath, there is a form with four elements: a text input field labeled 'User's name', another text input field labeled 'User's email', a dropdown menu labeled 'Select a clinic' with a downward arrow, and a dark green button labeled 'Send invitation'.

Step 2: Invitation Email Sent

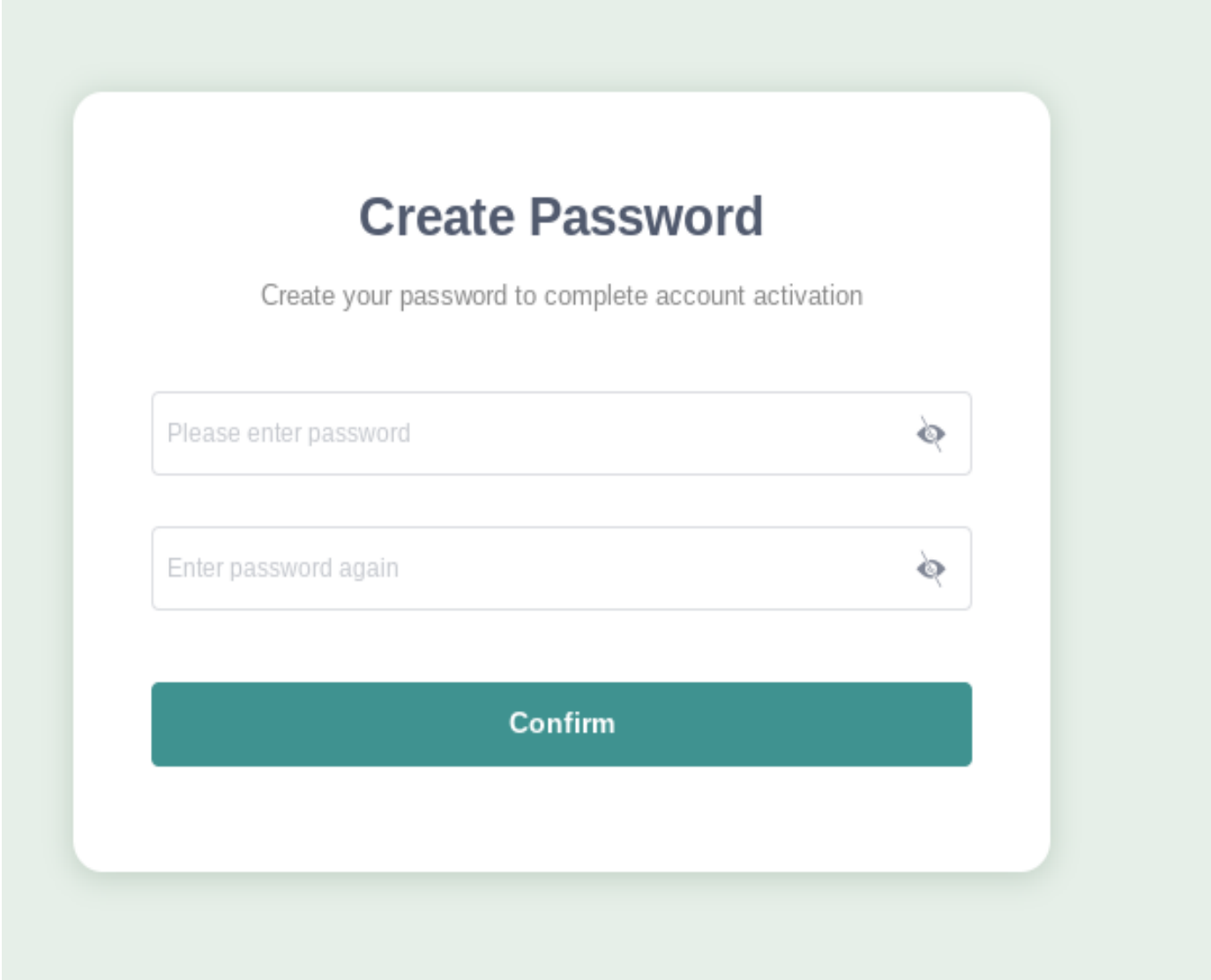
- Users will receive an email invitation to create an account for the portal
- Open an email invitation
- Within the email click “activate your account”



Step 3: Creating account

- User creates a password for their account
- Click confirm

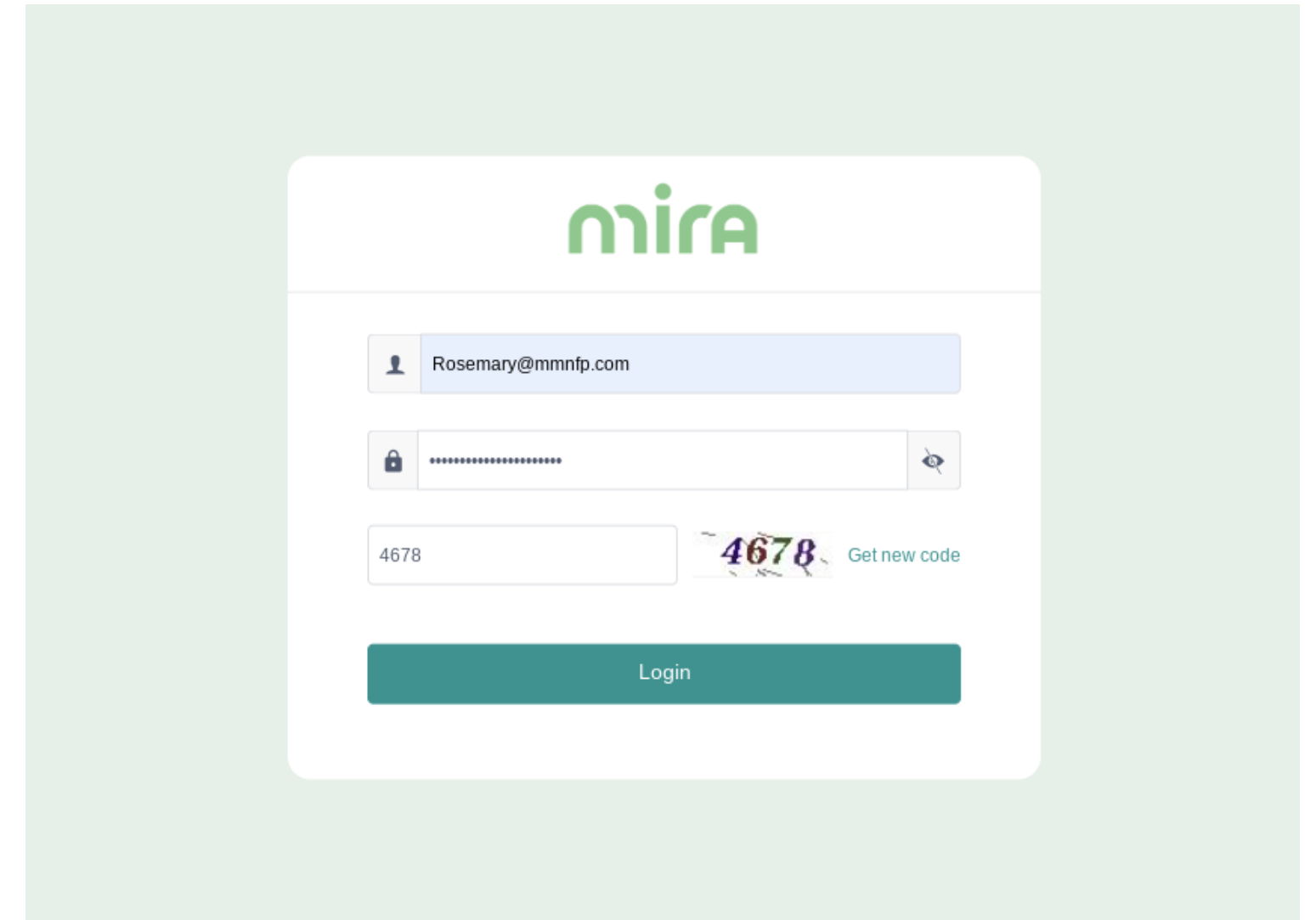
Username is the email address that was used to send invitation



The screenshot shows a 'Create Password' form. At the top, the title 'Create Password' is centered, followed by the subtitle 'Create your password to complete account activation'. Below this are two input fields: the first is labeled 'Please enter password' and the second is labeled 'Enter password again'. Both fields have a small eye icon on the right side, indicating a toggle for password visibility. At the bottom of the form is a large, teal-colored button labeled 'Confirm'.

Step 4: Log in

- Enter user's email that was used to send invitation
- Enter recently created password
- Click login



The screenshot shows the MIRA login page. At the top, the 'mira' logo is displayed in green. Below the logo, there are three input fields: the first contains the email 'Rosemary@mmnfp.com', the second contains a masked password, and the third contains the number '4678'. To the right of the third field is a '4678' code with a 'Get new code' link. At the bottom, there is a teal 'Login' button.

Section 3: Trial Sample Process

[Watch the video](#)

Steps:

1. Download the Mira app.
2. Create an account using an email you want associated with your personal data (do not use the username we gave you for your dashboard).
3. Read the instructions provided in the Mira kit.
4. Begin testing.
5. Review your personal data in your Mira app.
6. Add yourself to your dashboard by scanning your unique QR code or clicking your link.
7. Log into your provider dashboard and view your data from the perspective of a provider.

Key points:

1. To access the provider dashboard, log in [here](https://doctor.quanovate.com/extra/mira-doctor/#/login): <https://doctor.quanovate.com/extra/mira-doctor/#/login>
2. Your provider dashboard account is NOT the same as your Mira app account.
3. Ensure to use the provider dashboard credentials (username and password) given to you when you log in to the dashboard.

If you have any questions, reach out to us!

partnership@miracare.com